

# XI NATIONAL CONGRESS OF NEDAI

XXX ANNUAL MEETING OF  
**AUTOIMMUNITY**

19

21

JUNE  
2025

Connecting teams,  
transforming healthcare!

ÉVORA

**SCIENTIFIC PROGRAMME**

SCIENTIFIC SPONSOR:



## **NEDAI National Coordinator**

Carlos Carneiro

## **Chairperson**

Margarida Jacinto

## **Organising Committee**

Ana Duarte

Ana Teresa Vieira

Filipe Alfaiate

Flávio Quadrado

Frederico Batista

Maria Corraliza

Natália Oliveira


Tereza Veloso



# NEDAI AWARDS

Each year at the Congress, NEDAI gives awards to recognize dedication and innovation in autoimmunity research and clinical practice.


- **Clinical Study in Autoimmunity**
- **Basic Research Study in Autoimmunity**
- **Autoimmunity Research Award**



**Submission  
Deadline  
April, 30**



**Award  
5.000€**



**Submission  
Deadline  
April, 30**

# ABSTRACT AWARDS

The Scientific Programme Committee selects the best abstracts submitted to the Congress based on their scientific quality and content.

- **Best Poster Award**
- **Best Oral Communication Award**



**EULAR 2026  
Subscription**



# PRE-CONGRESS COURSES 18<sup>th</sup> June

## 3 Full-Day Courses



09h30 - 17h00

### **Articular and Vascular Ultrasound**

Frederico Batista, João Seródio, Mónica Baptista Lopes (ULS Amadora/Sintra)



09h30 - 17h00

### **Novel Therapeutic Agents in Autoimmune Diseases**

António Marinho, António Lamas, Raquel Faria, Ana Campar, Isabel Fonseca Silva, Marta Moura, Ivone Valadão (ULS Santo António)



09h30 - 17h00

### **Emergencies in Autoimmune Diseases**

Graziela Carvalheiras, Tomás Fonseca, Álvaro Ferreira, Pedro Vita, Ivo Barreiro (ULS Santo António)

## 1 Half-Day Course



09h30 - 13h00

### **Basic Immunology**

José Delgado Alves (ULS Amadora/Sintra)

# 19

# june

thursday



08:30 - 09:30

## MEET THE EXPERT

 ROOM ANDRADE

### Still's Disease

Speaker: Raquel Faria  
(ULS Santo António)

 ROOM VEIGA

### Strategies to Reduce Steroids Use in SLDE Management

Speaker: Catarina Favas  
(ULS Amadora/Sintra)

08:30 - 09:30

## ORAL COMMUNICATIONS

 ROOM SORRAIA

André Real (ULS do Médio Tejo); João Matos Costa (ULS Lezíria)

08:30 - 09:30

## POSTER PRESENTATIONS

 E-POSTER AREA

- Eposter1 - Miriam Cimbron (US Ilha de São Miguel)
- Eposter2 - Helena Brito (ULS Algarve)
- Eposter3 - José Villa Brito (ULS Arrábida)
- Eposter4 - Francine Morais (ULS do Alto Alentejo)

09:30 - 10:00

## STRATEGIES TO IMPROVE SUSTAINABILITY IN AUTOIMMUNE DISEASES MANAGEMENT

Moderators: Lélita Santos (ULS Coimbra); Glória Alves (ULS Alto Ave)  
Speaker: Luís Campos (CUF Belém)


 ROOM ALTER REAL

10:00 - 10:45

## OPENING CEREMONY

Carlos Carneiro (Hospital Particular do Algarve); Margarida Jacinto (ULS Alentejo Central)

10:45 - 11:15

 COFFEE BREAK

11:15 - 12:15

## SYSTEMIC LUPUS ERYTHEMATOSUS

Moderators: José Delgado Alves (ULS Amadora-Sintra); Raquel Faria (ULS Santo António)

### Guidelines – Why Did They Change and Why are They Crucial for Changing Clinical Practice and Improving Patient Outcomes?

Speaker: Laurent Arnaud (President of SLEuro, France)

### Is It Really Possible to Achieve and Maintain Patients in Remission or Low Disease Activity State with no Systemic Damage Index Progression in Daily Clinical Practice?

Speakers: Gilberto Rosa (ULS São João) e António Marinho (ULS Santo António)

 ROOM ALTER REAL

12:15 - 12:45

**SYMPOSIUM**

12:45 - 14:00



LUNCH

14:00 - 14:30

**SYMPOSIUM**

14:30 - 15:00

**SJÖGREN'S SYNDROME EXTRAGLANDULAR MANIFESTATIONS**

Moderators: Jorge Fortuna (ULS Coimbra); Frederico Batista (ULS Amadora/Sintra)

Speaker: Ivone Valadao (ULS Santo António)

15:00 - 16:00

**COMBINING BIOLOGICS AND JAK INHIBITORS IN CONNECTIVE TISSUE DISEASES**

Moderators: Fernando Salvador (ULS Trás-os-Montes e Alto Douro);  
Ana Campar (ULS Santo António)

Speakers: Tomás Fonseca (ULS Santo António); João Serôdio (ULS Amadora/Sintra)

16:00 - 16:30



COFFEE BREAK

16:30 - 17:00

**VASCULAR BEHÇET**

Moderators: João Arraújo Correia (ULS Santo António);  
Laurent Arnaud (President of SLEuro, France)

Speaker: Matteo Piga (University of Cagliari, Italy)

17:00 - 17:30

**NEDAI AWARDS PRESENTATION**



08:30 - 09:30

## MEET THE EXPERT

### ROOM ANDRADE

#### Cutaneous Manifestations of Autoimmune Diseases

Speaker:  
Cláudia Brazão (ULS Santa Maria)

### ROOM VEIGA

#### Interstitial Disease Management in Connective Tissue Diseases

Speaker:  
Susana Oliveira (ULS Amadora/Sintra)

08:30 - 09:30

## ORAL COMMUNICATIONS

### ROOM SORRAIA

Vera Romão (ULS VDL/CUF Viseu); Daniela Marado (ULS Coimbra)

08:30- 09:30

## POSTER PRESENTATIONS

### E-POSTER AREA

- Eposter1 - Elsa Gaspar (ULS Coimbra)
- Eposter2 - João Pedro Tavares (ULS Viseu)
- Eposter3 - Sónia Moreira (ULS Coimbra)
- Eposter4 - Joana Vedes (ULS Guarda)

09:30 - 10:30

## SPI ROUNDTABLE – IMMUNE CELL DIFFERENTIATION

### ROOM ALTER REAL

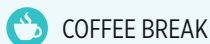
Moderators: José Delgado Alves (ULS Amadora/Sintra); Afonso Almeida (SPI/FMUL)  
Speaker: Luís Graça (ULS Santa Maria)

10:30 - 11:15

## MYSTERIOUS CLINICAL CHALLENGE

Presenter: HSA  
Discussion: HFF

11:15 - 11:45



11:15 - 12:15

## DIFFICULT-TO-TREAT RHEUMATOID ARTHRITIS AND SPONDYLOARTHRITIS

Moderators: Sofia Pinheiro (ULS São José); Carlos Carneiro (Hospital Particular do Algarve)  
Speakers: Fernando Salvador (ULS Trás-os-Montes e Alto Douro);  
Joana Caetano (ULS Amadora/Sintra)

### ROOM ALTER REAL



june  
friday

20

 ROOM ALTER REAL

12:30 - 13:00

**SYMPOSIUM**

13:00 - 14:15



LUNCH

14:15 - 15:00

**NON-INFECTIOUS UVEITIS MIMICS**

Moderators: Bruno Grima (ULS Amadora/Sintra); Jorge Crespo (ULS Coimbra)

Speakers: Ana Isabel Reis (ULS Loures-Odivelas); João Garrido (ULS Alentejo Central)

15:00 - 15:45

**CHALLENGES DURING THE REPRODUCTIVE YEARS**

Moderators: Vera Bernardino (ULS São José); Isabel Almeida (ULS Santo António)

Speakers: Fátima Serrano (ULS São José); Filipe Alfaiate (ULS Alentejo Central)

15:45 - 16:15



COFFEE BREAK

16:45 - 17:15

**THE CONNECTION BETWEEN THE BRAIN AND THE IMMUNE SYSTEM:  
CURRENT CONCEPTS OF PSYCHONEUROIMMUNOLOGY**

Moderators: Daniel Oliveira (ULS Tâmega e Sousa); Filipe Palavra (ULS Coimbra)

Speaker: Raquel Faria (ULS Santo António)

17:00 - 17:30

**GENERAL ASSEMBLY**

 ROOM ALTER REAL

20:30

**CONGRESS DINNER**





## 08:30 - 09:30 MEET THE EXPERT

**ROOM ANDRADE**

**Immune Checkpoint Inhibitors**

Speaker:  
Tomás Fonseca (ULS Santo António)

**ROOM VEIGA**

**Vasculitis Mimics**

Speaker:  
Carla Noronha (ULS Loures-Odivelas)

## 08:30 - 09:30

### ORAL COMMUNICATIONS

**ROOM SORRAIA**

Joana Cunha (ULS de Trás-os-Montes e Alto Douro); Elisabete Pinelo (ULS do Nordeste)

## 08:30 - 09:30

### POSTER PRESENTATIONS

**E-POSTER AREA**

- Eposter1 - Paula Soares Ferreira (ULS de Gaia e Espinho)
- Eposter2 - Mafalda Santos (ULS de Entre Douro e Vouga)
- Eposter3 - Edite Pereira (Centro Hospitalar Universitário de São João)
- Eposter4 - Hilda Freitas (SESARAM)

## 09:30 - 10:15

### ARTIFICIAL INTELLIGENCE IN AUTOIMMUNE DISEASES

**ROOM ALTER REAL**


Moderators: Bernardo Neves (Hospital da Luz); Carlos Vasconcelos (ULS Santo António)  
Speakers: TBA; Rita Novera (ULS Matosinhos)

## 10:15 - 11:00

### YEAR IN REVIEW: BASIC AND CLINICAL RESEARCH

Moderators: Carlos Carneiro (Hospital Particular do Algarve); Pedro Vita (ULS Santo António)  
Speakers: José Delgado Alves (ULS Amadora/Sintra); António Marinho (ULS Santo António)

## 11:00 - 11:30

 COFFEE BREAK

## 11:30 - 12:30

### NEW CHALLENGES IN MANAGEMENT OF CARDIOVASCULAR RISK IN AUTOIMMUNE DISEASES

Moderator: Nuno Marques (ULS Alentejo Central); Nuno Riso (ULS São José)  
Speakers: José Delgado Alves (ULS Amadora/Sintra); Pedro Cunha (ULS Alto Ave)

**ROOM ALTER REAL**



june  
saturday

21

ROOM ALTER REAL

12:30 - 13:00

**SYMPOSIUM**

13:00 - 14:30



LUNCH

14:30 - 15:00

**VACCINATION IN AUTOIMMUNE DISEASES – MYTHS AND REALITIES**

Moderators: Natália Oliveira (ULS Tâmega e Sousa); Teresa Faria (SESARAM)

Speaker: Cláudia Miranda (ULS Lisboa Ocidental)

15:00 - 15:30

**MARGINALIZED DISEASES – SARCOIDOSIS**

Moderators: Marta Amaral (ULS Amadora/Sintra); Ana Grilo (ULS Loures-Odivelas)

Speaker: Carlos Vasconcelos (ULS Santo António)

15:30 - 16:00

**AUTOIMMUNE DISEASES: CHALLENGES IN MEDICAL TRAINING**

Moderator: Flávia Freitas (ULS Barcelos/Esposende)

Speakers: Ana Teresa Vieira (ULS Alentejo Central); Luísa Viveiros (ULS Santo António)

16:00 - 16:30

**AWARDS AND CLOSING CEREMONY**

Carlos Carneiro (Hospital Particular do Algarve); António Marinho (ULS Santo António)

ROOM ALTER REAL



# REGISTRATION FEES

Online registration at: [www.spmi.pt](http://www.spmi.pt)

## REGISTRATION

<input type="checkbox"/>	NEDAI MEMBER	200 €
<input type="checkbox"/>	NON MEMBER	250 €
<input type="checkbox"/>	RESIDENT	150 €

## REGISTRATION - COURSES

<input type="checkbox"/>	Articular and Vascular Ultrasound - FULL DAY	50 €
<input type="checkbox"/>	Novel Therapeutic Agents in Autoimmune Diseases - FULL DAY	50 €
<input type="checkbox"/>	Emergencies in Autoimmune Diseases - FULL DAY	50 €
<input type="checkbox"/>	Basic Immunology - HALF DAY	50 €

## COURSE REGISTRATION FEE INCLUDES:

- Half Day Course: Coffee Break
- Full Day Course: Coffee Breaks & Lunch

## REGISTRATION FEES INCLUDE:

- Admission to all scientific sessions
- Congress material including final programme and abstract book
- Admission to the exhibition area
- Admission to the congress dinner
- Buffet lunches and coffee breaks provided during the congress
- Digital certificate of attendance





# ACCOMMODATION

	VILA GALÉ ÉVORA ****	ÉVORA HOTEL ****
Single BB	148,00€	118,00€
Double BB	159,00€	128,00€

## CONDIÇÕES DE PAGAMENTO

Reservas de Alojamento só serão aceites se acompanhadas do pagamento da totalidade das noites pretendidas.

Pagamento do Alojamento a ser efetuado à Veranatura:

NIB: 0033.000.000.580.337.320.17

IBAN: PT50 | Swift code: BCOMPTPL

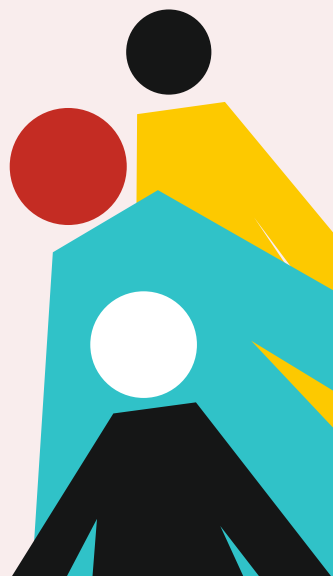
## CONDIÇÕES DE CANCELAMENTO

O cancelamento após o dia 14 de Fevereiro tem como penalidade a totalidade do valor pago.

Privacy Policy at <https://www.veranatura.declaracao-de-privacidade>

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